





What?	This is a dedicated phone line for your faculty and staff to reach the TimelyCare team for guidance and support in cases of student distress.
Who?	Any faculty or staff member can use this resource.
Why?	Faculty and staff are often the first line of support for students who can benefit from mental health care.
How?	Call 833-4-TIMELY any time, day or night. Connect with a TimelyCare professional and talk about how to best support your students' well-being.

Find out more about TimelyCare online, at *Ulife.gmu.edu/timely-care/*.

Use this service when a student:



Shows academic signs of distress.



Discloses problems with family, peers, a significant other, or a recent personal loss.



Refers to self-harm.



Isolates from peers, faculty, or staff.



Shows physical and psychological signs of distress.



Is identified by peers as potentially needing support.