

Your Mental Health Matters.



SCAN ME

With TimelyCare students get 12 free *Scheduled Counseling* sessions a year. Choose the day, time, and mental health provider that best works for you.



FREE FOR STUDENTS | AVAILABLE 24/7 - 365 DAYS A YEAR.

ulife.gmu.edu/timely-care/

Scheduled counseling is only available to Mason students located in the U.S.A.