



# Your Mental Health Matters.



SCAN ME

With TimelyCare students get 12 free ***Scheduled Counseling*** sessions a year. Choose the day, time, and mental health provider that best works for you.



FREE FOR STUDENTS | AVAILABLE 24/7 - 365 DAYS A YEAR.

[ulife.gmu.edu/timely-care/](http://ulife.gmu.edu/timely-care/)

Scheduled counseling is only available to Mason students located in the U.S.A.